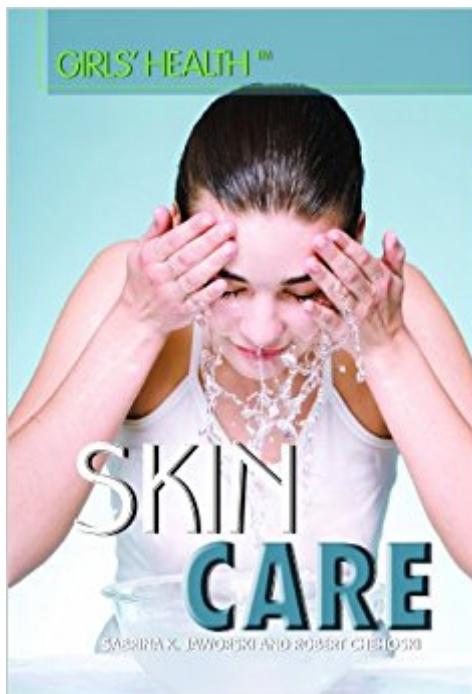## The book was found

Skin Care (Girls' Health)

Synopsis

During the teen years, caring for the skin can suddenly seem a lot more complicated. As background, the book explains the science of how skin works as an organ. The text then provides excellent advice about everyday skin care, including choosing products, maintaining a skin-friendly diet, and protecting against sun damage. Portions of the book are dedicated to managing acne, which almost three-quarters of teens experience, and other skin conditions.

Book Information

Series: Girls' Health

Library Binding: 48 pages

Publisher: Rosen Central; 1 edition (August 15, 2011)

Language: English

ISBN-10: 1448845742

ISBN-13: 978-1448845743

Product Dimensions: 9.2 x 6.6 x 0.3 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #7,475,553 in Books (See Top 100 in Books) #89 in Books > Teens > Personal Health > Personal Hygiene #2314 in Books > Children's Books > Growing Up & Facts of Life > Health > Personal Hygiene #15468 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Girls & Women

Age Range: 12 - 14 years

Grade Level: 6 - 9

Organic Skin Care: Heal Eczema and Eliminate Problem Skin with DIY Organic Skin Care Recipes That Nourish, Protect and Hydrate All Skin Types CAT CARE: BEGINNERS GUIDE TO KITTEN CARE AND TRAINING TIPS (Cat care, cat care books, cat care manual, cat care products, cat care kit, cat care supplies) Essential Oil Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs Skin Care: Eczema Treatment for beginners (2nd EDITION REVISED AND EXPANDED) - How to get rid of eczema forever - Natural Treatments and Available Cures ... Eczema Therapy - Skin Care - Skin Disease) The Mario Badescu way to beautiful skin: How to have radiant, healthy skin using the techniques and all-natural formulas of one of America's leading skin care specialists The New

Science of Perfect Skin: Understanding Skin Care Myths and Miracles For Radiant Skin at Any Age Beauty from Nature: 150 Simple Homemade Skin and Hair Care Recipes to Use Everyday: Organic Beauty on a Budget (Herbal and Natural Remedies for Healhty Skin Care Book 3) Natural Beauty Recipes: 60 Best-Kept Secrets to Care for the Skin: Natural Skin Care Tips Organic Homemade Lotion Recipes - For All Skin Types (The Best Lotion DIY Recipes): Lotion Making For Beginners (organic lawn care manual, organic skin care, beauty and the beast) Skin Care Tips: Simple Tips And Secrets From The Skincare Expert And 10-Step To Take Care Of Your Skin Essential Oils Box Set #17: Coconut Oil for Skin Care & Hair Loss & Healing Babies and Children with Aromatherapy for Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil) Clinical Guide to Skin and Wound Care (Clinical Guide: Skin & Wound Care) Psoriasis Cure: Treatments, Natural Remedies and Best Home Managements (Skin Disease, Skin Problems, Skin Diseases and Disorders Book 1) Public Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public Health Nursing: Population-Centered Health Care in the Community) Skin Care (Girls' Health) Orchids Care Bundle 3 in 1, THE NEW EDITION: Orchids + Orchids Care For Hobbyists + Phalaenopsis Orchids Care (Orchids Care, House Plants Care, Gardening Techniques Book 4) Make Your Own Cosmetics: Recipes, Skin Care, Body Care, Hair Care, Perfumes, and Fragrancing, Herbs, Essential Oils, Cosmetic Ingredients... (Neal's Yard Remedies) Beauty Basics for Teens: The Complete Skin-care, Hair-care, and Nail-care Guide for Young Women Health Communication: From Theory to Practice (J-B Public Health/Health Services Text) - Key words: health communication, public health, health behavior, behavior change communications The Little Book of Skin Care: Korean Beauty Secrets for Healthy, Glowing Skin